Hello, Columbus.

I don't have to tell you that these are challenging times. As we fight the spread of COVID-19 in our community, some residents are suffering with meeting their basic needs – including food for their families.

There is help.

Columbus City Schools has set up 13 sites for ALL children ages to get grab and go lunches and breakfast.

The Mid-Ohio Food Collective and the Ohio Association of Foodbanks are excellent resources for putting residents in touch with local food pantries.

All People's Fresh Market, Lutheran Social Services and Broad Street Food Pantry, just to name a few, are also providing access to food.

Please take a moment to look at this list and jot down the phone numbers and web sites.

And, neighbors, this is time when our community spirit can kick in with donations and volunteer opportunities. Check in with some of these organizations to see how you can help. Everyone has a role to play in getting us through this public health crisis.

Be well and be kind, Columbus.